

**Smoke-free  
restaurants  
make good  
health sense  
because...**

- ◆ More than 70% of Kentucky's adult population does not smoke.
- ◆ Secondhand smoke is the 3rd leading cause of preventable death in the United States.
- ◆ Smoke-free businesses protect the health of their employees and their customers.

**Smoke-free  
is the new  
normal.**

"It is clear from our surveys that the vast majority of Americans prefer their restaurants, bars, and clubs to be smoke-free."

—Tim Zagat, CEO of Zagat Survey

Learn more from restaurant and bar owners who are operating smoke-free in a new video. Go to [youtube.com/smokefreebusiness](http://youtube.com/smokefreebusiness)

There is Help for Tobacco Cessation!  
For local cessation classes—  
Call 502-955-5355

OR  
For telephone cessation counseling—

**QuitNow**  
**Kentucky**  
1-800-QuitNow (1-800-784-8669) or  
[www.QuitNowKentucky.org](http://www.QuitNowKentucky.org)



**Promoting healthy lifestyles in  
Bullitt County through  
prevention and protection.**

**Bullitt County Health Department**  
181 Lees Valley Road  
Shepherdsville, KY 40165  
[www.bullittcountyhealthdept.org](http://www.bullittcountyhealthdept.org)

Clinical 502-543-2415 or 502-955-7837  
Health Education 502-955-5355  
HANDS 502-955-5668  
Environmental 502-955-7867

Revised 4/2015

For Your Health

## **Bullitt County Smoke-Free Dining Guide**



**Breathe Easy  
and Enjoy  
Your Meal**

These Restaurants are

Smoke-free Establishments

# SHEPHERDSVILLE

- |  |   |
|--|---|
| ARBY'S<br>483 HWY 44 E<br>502-543-5990                             | BEARNO'S<br>1220 HWY 44 E<br>502-513-9888                     |
| BURGER KING<br>311 BRENTON WAY<br>502-955-6653                     | CATTLEMAN'S ROADHOUSE<br>139 HISTORICAL TRAIL<br>502-543-3574 |
| CEDAR GROVE<br>COFFEE HOUSE<br>142 BUFFALO RUN RD.<br>502-921-0075 | CHINA BUFFET<br>445 HWY 44 E. Ste 18<br>502-921-2891          |
| CHINA 8<br>189 SHEPHERD PKWY #16<br>502-543-3317                   | COUNTRY CUPBOARD<br>345 BUCKMAN ST.<br>502-543-2780           |
| CRACKER BARREL<br>275 BRENTON WAY<br>502-955-4008                  | DAIRY QUEEN<br>184 PAROQUET SPRINGS<br>502-543-6140           |
| EL NOPAL<br>500 HWY 44 EAST<br>502-921-0405                        | FAZOLI'S<br>210 PAROQUET SPRINGS<br>502-543-4058              |
| FRISCH'S<br>157 KEYSTONE CROSSING<br>502-543-1230                  | KY FRIED CHICKEN<br>429 HWY 44 EAST<br>502-543-4617           |
| LONG JOHN SILVERS<br>1012 PAROQUET SPRINGS<br>502-543-6868         | MAPLEHURST<br>700 BELLS MILL RD.<br>502-957-3370              |
| McDONALD'S<br>135 CENTRE ST.<br>502-957-1630                       | McDONALD'S<br>HWY 44 & I-65<br>502-543-4804                   |
| MOBY DICK SEAFOOD<br>1659 HWY 44 EAST<br>502-543-3412              | MR GATTI'S<br>162 PAROQUET SPRINGS<br>502-543-8888            |
| QUIZNO'S<br>187 ADAMS SHEPHERD<br>502-955-7400                     | SUBWAY<br>445 HWY 44 EAST<br>502-543-9666                     |
| SUBWAY<br>545 CONASTOGA PKWY<br>(502) 543-5821                     | SUBWAY<br>151 BRENTON WAY<br>502-955-4474                     |

SUB-ZERO  
1707 CEDAR GROVE RD. Ste 10  
502-215-6303

- |   |   |
|---|---|
| TACO BELL<br>120 PAROQUET SPRINGS<br>502-543-2892         | TUMBLEWEED<br>380 BRENTON WAY<br>502-955-5747         |
| VALLEY VIEW GRILL<br>1050 VALLEY VIEW DR.<br>502-531-0606 | WAFFLE HOUSE<br>213 PAROQUET SPRINGS<br>502-543-4294  |
| WENDY'S<br>158 KEYSTONE CROSSING<br>502-543-7159          | WHITE CASTLE<br>175 KEYSTONE CROSSING<br>502-543-9442 |

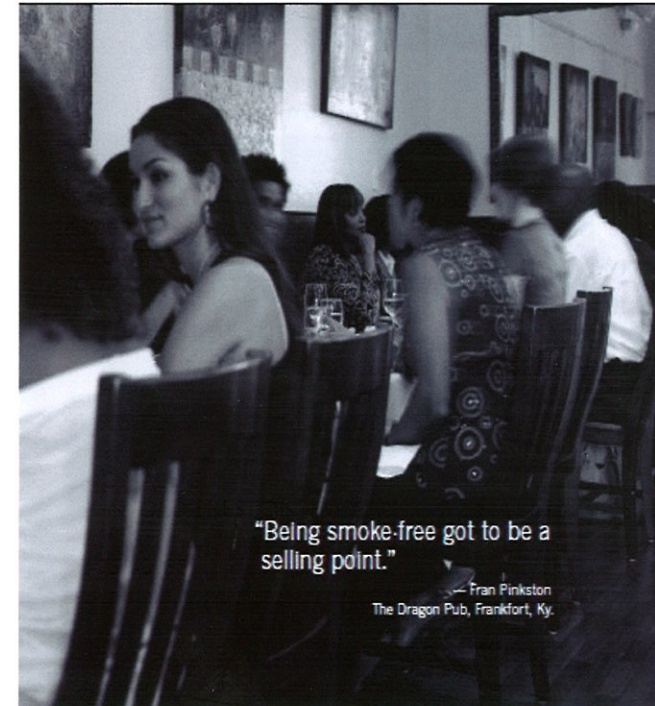
# MT. WASHINGTON

- |   |   |
|---|---|
| ARBY'S<br>360 VILLAGE LN.<br>502-538-4441             | BURGER KING<br>127 BROOKSIDE COURT<br>502-538-6974                      |
| CHINA CAFÉ<br>686 N. BARDSTOWN RD.<br>502-538-0338    | DAIRY QUEEN<br>405 N. BARDSTOWN RD.<br>502-538-6123                     |
| EL NOPAL<br>240 EAST BROOKE, Ste 101<br>502-538-0397  | HALFTIME'S SPORTS BAR &<br>GRILL<br>240 HIGH POINTE CT.<br>502-904-9376 |
| HOMETIME PIZZA<br>11155 HWY 44 EAST<br>502-538-6633   | McDONALD'S<br>121 OAKBROOKE CIRCLE<br>502-538-2300                      |
| MONGOLIAN GRILL<br>138 EASTBROOKE WAY<br>502-538-0598 | NEW CHINA<br>205 OAKBROOKE DR.<br>502-538-4168                          |
| SUBWAY<br>10731 HWY 44 EAST<br>502-538-8808           | TACO BELL<br>149 OAKBROOKE DR.<br>502-538-2768                          |

If you know of an eat-in restaurant in Bullitt County that is not on this list; OR you are a business wanting more information about becoming a smoke-free establishment, please call Bullitt County Health Department at 502-955-5355.

# OTHER AREAS IN BULLITT COUNTY

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|--|--|
| WAFFLE HOUSE<br>2021 BLUELICK RD.<br>BROOKS<br>502-957-5650            | GARDEN PAVILLION<br>2499 CLERMONT RD.<br>CLERMONT<br>502-955-8512    |
| ISSAC'S CAFÉ<br>2499 HWY 245<br>CLERMONT<br>502-727-4061               | McDONALD'S<br>150 PLAZA PARK<br>LEBANON JUNCTION<br>502-833-2007     |
| HILLVIEW PIZZA HUT<br>1885 OLD PRESTON HWY<br>HILLVIEW<br>502-955-7211 | KY FRIED CHICKEN<br>1835 OLD PRESTON HWY<br>HILLVIEW<br>502-955-6596 |
| McDONALD'S<br>1911 N. OLD PRESTON HWY<br>HILLVIEW<br>502-955-8088      |  |



"Being smoke-free got to be a selling point."

— Fran Pinkston  
The Dragon Pub, Frankfort, Ky.

Restaurant and bar owners are finding that smoke-free policies don't hurt their bottom lines. In fact, Chris Williams of Bluegrass Brewing Co. in Louisville, Kentucky, said, "We realized that the smoke-free policy was going to help us more than it was going to hurt us."