

## **Bullitt County**

### **Purpose:**

- Today: organized discussion of the community → health
- Future: prioritize goals, move toward action → improved health

### **Group Norms:**

- Participate
- Everyone has valuable input
- Community= Bullitt County
- Keep thinking/sharing

### **History/Events:**

- Bourbon
- Bernheim Forest
- Salt River flood
- Train derailment
- Massive industry growth
- Rampant racism
- No diversity
- Political scandals
- Knob Creek
- Prominent subdivision named after “Gone with the Wind” plantation- problematic

### **Changes:**

- Know all your neighbors
- Schools
- Growth in distribution centers (Amazon, GFS)
- Embrace and encourage diversity
- Need to do a better job of embracing history and learning from it
- Population influx
- Increase in racial diversity; are we ready to support this?
- Increase in population, need for growth in schools
- Access to city water

- Hurting to feed family, overpopulation and inability to hunt

**Invite List**

- Bullitt County Superintendent
- Transportation
- Mayor/Judge Executive
- Drug court
- Peace Hospital
- Housing
- 7 Counties
- Community members
- Community Action
- David Strange
- EMT
- Adult day care
- Childcare
- Corrections/re-entry
- DCBS
- Probation
- Faith-based
- Metro United Way
- Julie Miller-Blumine
- Willie Byrd- Options Unlimited
- Ashley Hutchins- Amazon
- Troy Beam- Tourism
- Mark Worums- Bernheim
- Angie Arbaugh- Salt River Mental Heath
- Nichole Schank- Community Action Agency
- Tiffany Reyonalds
- Bullitt County Schools

### **Model Community for Healthy Living:**

- Workforce
- Homeless care
- Public and school transportation
- Private doctors
- Food delivery
- Decrease fast food, increase healthy food
- Transitional living
- Decrease food insecurity
- Parks/activities
- Mental health services
- Generational poverty
- Drug rehab and prevention
- Resource desert
- Increase in higher education
- Positivity
- Sidewalks/built community
- Safe
- Proactive health
- Access to broadband/internet services
- OB/GYN
- Decrease screen time
- Healthy food baskets
- Suicide prevention
- Increase high school graduation rate
- Childcare
- Utilities
- City water in majority of county
- Support for LGBTQ

**Social Determinants of Health:**

- Varies by area of the county
- Education system advances
- People wanting to come home
- Industry growth

**COVID-Learn:**

- Less in person meetings
- Resilient/people can change
- Strong provider network
- Valuable relationships
- Respectful
- Competing organizations worked together
- Needs of the community remain
- Partners stepped in- basic needs, other needed resources
- New service delivery methods
- Community appreciation
- Need to focus on other parts of the county
- Misinformation
- Providing meals and funding to do so
- Community came together

**Data:**

- Overdose death- low- coroner
- Prenatal care
- Smoking- could be higher?
- Vaping- age of onset- 5<sup>th</sup> grade
- KIP survey
- Drug violations

**Strengths:**

- School system
- Faith-based organizations

- Library
- People who care/dedicated resources
- Engaged leaders
- Diversity- background, skills, education
- Young families
- Health department
- Civic organizations
- Hospital
- Employment
- Community based organizations
- Senior populations

**Barriers:**

- Transportation
- Infrastructure/utilities
- Time for healthy activities
- Education- health
- Funding/cost
- Time for implementation
- Priorities around core issues
- Sustainability
- Fear-stigma
- Poverty
- Message delivery
- Rapid growth
- Trust
- Access/providers

**Health Issues:**

- Mental health
- Substance use
- Access to care

- Infrastructure- housing, transportation, sidewalk
- Health-related programs- evidence-informed

**We want these issues to change:**

- Homeless resources
- Obesity
  - Physical activity
  - Food choices
  - Community-wide access to resources to live a healthier lifestyle
- Robust trained workforce
- Access to transportation
  - Sidewalks
  - Better county-wide infrastructure (roads, sidewalks, local businesses)
- Communication
- Using evidence-based resources/programs to drive policies and community programs/education/efforts
- Housing
- Access to healthcare
  - Increase in OB/GYN services
  - Cancer services/shortage of providers
- Drugs/alcohol
  - Multi-faceted drug abuse treatment
  - Overdoses
- Mental health
  - Integrated mental health from a young age
  - Access to mental health services
  - Suicides
- Vaping/Smoking